A screenshot of a phone

Description automatically generated

Instructions to Group Leaders—

1. See intro letter,
2. facilitate group,
3. ground rules,
4. summary report to include participants’
5. Gaps in knowledge to equip them to find mental health services,
6. Experiences with mental health services, if any, and
7. Suggestions for research in mental health wellbeing in PLH.
8. Suggestions for next focus groups, how to facilitate, agenda, etc.