Focus Group

on Mental Health Wellness in PLH

Needs, Perspectives, and Ideas to Improve Care

**Sample** AGENDA

1. Activity--Ice Breaker or quick video

[All In This Together - Mental Health Awareness Month - Compass Health Network](https://youtu.be/lh068GG3N98?si=sLBfKGgFhxnc3Ji3)

1. 1st Session (1 hour)

Guided Questions: Use questions from the list to encourage participants to open up and feel comfortable discussing freely with others in the group.

1. Luncheon Break (15 (((\*45 Lunch Provided by ViiV (15 minutes)
2. 2nd Session (45 minutes)

Assist the participants with completing the survey questions in their own words.

1. Wrap up (15 minutes)

Group sessions:

Answer any questions participants may have. If we do not have the answer, let them know, and we will get back to them.

Materials Needed: - Whiteboard, Markers, Note paper for the participants,Pencils/pens